



# Volunteer Centre

North Somerset

Part of Voluntary Action North Somerset

For further information on any of the volunteering opportunities shown below please come along to a Drop In or contact the Volunteer Centre at

The Badger Centre, Wadham Street Weston super Mare, BS23 1JY

01934 410190

info@vansmail.org.uk

## Nailsea

### **Advisors Nailsea Disability Initiative**

**Mon-Thurs day**

To help at our drop in centre to train on benefits and advice, to pass on to our clients within North Somerset. To join our friendly team.

### **Are you a missing link? West of England Nightstop**

**Time Flexible**

You can help in various ways -

Accommodation Providers (hosts) offer overnight stays in their spare bedrooms to homeless single 16-25 year olds, with food and bathroom facilities.

Events support. Helping with Stalls and organisation of charity events.

Fund Raisers to help obtain the financial life blood of the project

Plus any casual help in design/production of publicity.

### **Awareness Volunteer Leukaemia CARE**

**Time Flexible**

To raise awareness of Leukaemia CARE in local area by delivering our publications, posters etc to GP Surgeries, Libraries, Sport Centre's etc

**Badger youth Leader St John Ambulance**  
**Mon eve**

Ever thought of working with children? You could teach them new skills like how to; save a life, cooking, and many more life skills which will encourage them to make positive differences in their own lives.

On top of the opportunity to meet new friends and have fun, St John Ambulance offers a structured induction with a great training and support package appropriate to your role with the opportunity to train BTEC level.

St John Ambulance has a thriving youth sector which runs Badgers for 5 - 10 year olds who work through a fun, varied programme with the ultimate aim of becoming a Super Badger.

The training we offer includes:  
Essential Skills in Youth Work  
Leadership skills in Youth Work  
First Aid  
Working Safely with Young People  
Fire Marshalling  
and so on...

This all looks great on your CV, gives you hands on experience, new skills and helps make a difference in young peoples lives, giving you a sense of achievement!

You can support children to achieve these challenges one step at a time. It only takes a couple of hours a week and there are loads of other fun activities which you can get involved in throughout the year as well. It depends how much time you want to give!

All members are expected to have an enhanced CRB carried out by St John Ambulance.

**Benefit Support Visitor Vision North Somerset**  
**Time Flexible**

Visiting blind and visually impaired people in their home to complete attendance allowance or disability living allowance applications.

**Book Worm Required British Heart Foundation - Nailsea**  
**Mon-Fri day Sat day**

Are you a book enthusiast???

We need volunteers to maintain our book department - to select, price and display the books. A time consuming job, but very worthwhile for someone who enjoys and appreciates books.

A few hours each week will make all the difference!!

### **Branch Volunteer The Guide Dogs for the Blind association**

#### **Time Flexible**

One of our most popular volunteering roles, branch fundraising volunteers join friendly local teams to attend local fundraising events such as street collections, local dog shows, flag days and local community events. Volunteers may be collecting funds, selling merchandise or generally raising awareness of Guide Dogs while raising vital funds to help us enable blind and partially sighted people to enjoy the same freedom of movement as everyone else. The role is completely flexible and can be done as and when the volunteer has time.

### **Breast Cancer Awareness Campaign Promoters Cancer Research UK**

#### **Time Flexible**

Cancer Research UK is looking for dedicated volunteers to support our local fundraising staff in raising maximum awareness and funds during our Breast Cancer Awareness campaign.

What will I be doing?

- \* Making telephone calls to past BCA supporters
- \* Making follow up phone calls to people who have enquired about BCA
- \* Helping to produce and send out campaign mailings to supporters
- \* Helping local staff to organise a launch event for the BCA campaign
- \* Updating our supporter database with information about BCA activities

What support will I be given?

- \* A dedicated member of staff in our local office will provide an induction, training and on-going support
- \* Expenses can be reimbursed in line with Cancer Research UK's volunteering policy.

What benefits can I expect?

- \* The satisfaction of knowing you are making a valuable contribution to Breast Cancer Awareness Month
- \* The enjoyment of meeting new people and working as part of a team
- \* The opportunity to develop new and existing office, communication and fundraising skills
- \* The chance to gain experience of working at one of the UK's leading charities

### **Breast Cancer Campaigns Ambassador Cancer Research UK**

#### **Time Flexible**

We are looking for enthusiastic and inspirational people to be part of our Volunteer Speaker Network. Working closely with your local Area Volunteer Manager you will provide information on the work of Cancer Research UK to a broad range of supporters within your local area.

**Can You Be A Buddy? Young and Free  
Time Flexible**

Young & Free is a user and volunteer led Befriending and Social Activities service for young adults with physical disabilities in their teens and twenties, designed to address the problems of social isolation that are frequently experienced when they leave school and college or are unemployed.

The emphasis is on friendship, having fun, gaining new experiences, expanding horizons for both members and volunteers through a range of regular social activities chosen by our members and supported by volunteers. These might include bowling, cinema, theatre, restaurant, day trips, cultural and educational activities and pursuing individual interests.

One to one befriending is an important and enriching part of Young & Free activities. It enables those with disabilities to have more choices, new experiences and furthers the cause of social integration.

Volunteers will have the opportunity to participate, together with the members in the decision making, management and development of the organisation through social committee meetings and through contributing knowledge and skills.

**Can you spot a fake from an original?? Bric a Brac specialists needed. British Heart Foundation - Nailsea  
Mon-Fri day Sat day**

Bric a Brac specialists needed!!!!

Can you spot a genuine Picasso from a print???

We always need people with specialist knowledge to help us get the right price on valuable items, and people who will help maintain good displays of ware on the shop floor to encourage sales.

**Car Parking Volunteer National Trust - Tyntesfield  
Mon-Wed day Weekend day**

To provide a warm welcome to all our visitors. To ensure customers' safety in the car park and to guide cars into available parking spaces. It is an all-weather post and the first point of contact for our visitors.

**CARE Volunteer Leukaemia CARE  
Time Flexible**

CARE Volunteers provide emotional support to those affected by Leukaemia, Lymphoma and the allied blood disorders, particularly to those who have contacted our 24hr CARE Line. You will be a listening ear, someone they can open up to in times of need who will help empower them to get through difficult times. Sometimes that support will be provided by telephone; sometimes it may be on a face to face basis in the caller's home or at the hospital. CARE Volunteers also work to raise awareness of Leukaemia CARE and provide information to patients, cares and medical professionals with regard to the services offered by the charity. Also to arrange 2 small fundraising events per year.

**Caseworker S.S.A.F.A. Forces Help**  
**Time Flexible**

Volunteers visit clients in their homes, assess their needs and offer practical and emotional support. Problems can include financial difficulties, needing special equipment, loneliness, bereavement, and help with obtaining support from statutory bodies e.g. care homes, respite care, housing and convalescence. We can help with obtaining grants for essential needs.

**Challenge Group Cancer Research UK**  
**Time Flexible**

Cancer Research UK is seeking committee individuals to take on the exciting role of organising a one-off event in aid of Cancer Research UK in their local area. The event itself will be chosen by the group and can range from a black-tie ball, to a luncheon event, fashion show, charity auction, or anything else you can think of and can be held at the venue you choose. All we need from you is your passion for the cause, and a few hours each month to attend planning meetings and help the group to organise the event. The 'Challenge' for the group is to plan and hold the event by December 2010 and raise a minimum of £3000 for Cancer Research UK. By helping to organise a Cancer Research UK '£3000 Challenge' event you will help to increase cancer awareness within your community and raise significant funds for Cancer Research UK's life-saving work to find new and better cures for this disease.

**Challenge, develop and support young people - and have fun! Gordano Scout Association**  
**Mon-Fri eve All Weekend**

A range of Volunteering opportunities are available to help the Scout Association. e.g. Section Leader/Helper; Admin support; Maintenance and Development of camp site; General helper and many more.

**Charitable Collector Leukaemia CARE**  
**Time Flexible**

To carry out voluntary charitable collections at various locations throughout the year. To ensure effective communication with fellow voluntary collectors and Head Office staff. To raise awareness of Leukaemia CARE's work and services by communicating effectively with the general public.

**Collection Box Coordinator The Guide Dogs for the Blind association**  
**Time Flexible**

To support the local community fundraising team by developing relationships with local retailers, shops and other businesses to place Guide Dogs' iconic collection boxes. Collection Box Coordinators keep written records of box locations and empty them every two-three months, banking the income for Guide Dogs. This role also involves seeking out potential new locations for collection boxes.

Dependant upon the area, this role could also involve co-ordinating a number of other volunteers (this would be optional).

**Collections Volunteer The West of England MS Therapy Centre Ltd**  
**Time Flexible**

We desperately need volunteers to help us with supermarket collections and bag packing exercises throughout the year in North Somerset (the necessary licenses and authorisations are pre-arranged by us). There are generally 2-6 collection dates per month and collectors normally collect in teams of two.

**Community Care Volunteers - Nailsea and Backwell CSV/RSVP (Retired And Senior Volunteer Programme)**  
**Mon-Fri day Mon-Fri eve**

Volunteers aged 50 plus are needed to help and support elderly and housebound people who are without friends or family. Help is needed for occasional errands and befriending. Car owner drivers are also required for local journeys. Hours to suit volunteer, usually 2 to 3 per month. This scheme is supported by many health and social care authorities.

**Community Fundraiser Leukaemia CARE**  
**Time Flexible**

Are you someone who goes that extra mile? Whatever level of responsibility you are looking for, whether it's to fundraise locally, create and organise your own events or co-ordinate community fundraising you can get involved with Leukaemia CARE in activities to suit you. It could be organising big community events, creating and selling merchandise, organising sports events, concerts and music events, weird and wonderful work events, school or college events, family fun, or anything that fires your imagination and creativity! We call them Community Fundraisers, and the opportunity is for you to take your role and turn it into something special. You might enjoy meeting people, organising events, thrill and spills, finding the best in people, listening, or making things. Whatever your talent is Leukaemia CARE can find a place for you.

Depending on type of involvement, tasks could include;

Engaging in local fundraising for the charity, either helping at events, or arranging events of your own!

Selling annual draw tickets, raffle or event tickets, Christmas cards or other merchandise, distributing and co-ordinating Christmas card brochures.

Raise awareness of Leukaemia CARE by distributing posters or promotional material supplied by head office

Recruiting more Community Fundraising Volunteers.

**Conservation Volunteers Backwell Environment Trust**  
**Thurs am Sat am**

2nd Thursday & 4th Saturday Morning of each month.

Tucked away on top of Backwell Hill, Jubilee Stone Wood Nature Reserve is currently being traditionally managed for the benefit of both wildlife and people. Volunteers are needed to work on a variety of tasks including coppicing, hay cutting, hedge laying, pond construction and even archaeological excavations. No experience is necessary but if needed full training will be given.

**Counsellor Wellspring Counselling**  
**Tue, Wed, Thurs Day Mon, Tue, Thurs eve**

To undertake individual or couple counselling using an integrative counselling approach for clients suffering a wide range of issues including depression, anxiety, relationship issues, bereavement and abuse.

**Countryside Conservation Volunteer Nailsea Environment & Wildlife trust**  
**Time Flexible**

The aim of Nailsea Environment & Wildlife Trust (NEWT) is to manage land at Moorend Spout (halfway between Nailsea and Tickenham), for the benefit of its wildlife, and for the education and enjoyment of the local community.

We plant trees, dig ponds, fix fences, clear rubbish, manage hedges and fences, manage sheep and other animals, restore habitats and control visitors. We hope to use this site, which is now in our ownership for educational and community purposes

**Dinner Party Hosts The Guide Dogs for the Blind association**  
**Time Flexible**

Guide Dogs are seeking dinner party hosts or hostesses. Your event can be large or small, anything goes!

An elegant dinner party, a picnic in the park or a barbeque in the garden, all delicious excuses to try out new recipes and challenge your culinary skills.

It couldn't be easier or more fun, invite your friends and just have a good time whilst raising money for Guide Dogs. Your vital fundraising will help us to change the lives of the visually impaired in your community.

There is no limit to what you could do, from a one off event to several throughout the year. Whatever you're thinking of - go for it for Guide Dogs!

**Do you know your Pop Music from your Jazz Music?? British Heart Foundation - Nailsea  
Mon-Fri day Sat day**

Do you enjoy music? Have you got an hour or two spare each week?

What sort of music do you enjoy - pop, jazz, country, classical?

We are looking for people to help us maintain our music area in the shop - people who can sort, price and display the music.

**CAN YOU HELP?**

**Dog Walk Organisers The Guide Dogs for the Blind association  
Time Flexible**

Guide Dogs are desperately seeking people to organise sponsored dog walks as part of our brand new Go Walkies fundraising event. It's a dog walk with a difference as it's the dog that gets sponsored not the human! Your event can be large or small, anything goes!

From a leisurely walk in the park, to an all out event with lots of four legged friends any thing is possible.

It couldn't be easier or more fun, invite your friends (and their dogs) and just have a good time whilst raising money for guide dogs. Your vital fundraising will help us to change lives of the visually impaired in your community.

There is no limit to what you could do, from a one off event to several throughout the year. Whatever you're thinking of - go for it for Guide Dogs!

**Drive to swim! Vision North Somerset  
Wed Day**

Are you a car driver with time on your hands to transport a person with a visual impairment to Strode Road Leisure centre for an hours swim? We need owner/drivers in the Portishead and Nailsea area to help with this. If you want to have a dip as well you are more than welcome to join in with the session. The client needs to arrive at Clevedon by 12 noon - the session is from 12.30p.m. to 1.30 p.m.

**Driver/Supporter Penny Brohn Cancer Care  
Mon-Fri day Sun day**

Enabling people with cancer to access the services of Cancerpoint by driving them to Penny Brohn Cancer Care. You will be working with people with cancer and occasionally their supporters. You can collect people (often from their homes) and bring them to the charity and take them home again after treatment.

**Drivers Vision North Somerset  
Fri Day**

Are you a car driver with time on your hands to transport a person with a visual impairment to The Daylight Plus club which is held every Friday in Clevedon. We need owner/drivers in the Portishead and Nailsea area to help with this. Our clients need to arrive at the club about 10.30am and leave again 2.00 pm. The club provides refreshments for the clients, holds raffles and has guest speakers, you are more than welcome to join in with the session however, if you only want to drop and pick up that is fine.

**Education Assistant Friends of Stockway North Nature Reserve  
Mon-Fri day Mon-Fri eve**

Helping with school and group visits to the Nature Reserve. If you are keen to gain experience in developing environmental education, this role has the potential. We have about ten group visits per year.

**Estate Interpreter National Trust - Tyntesfield  
Mon-Wed day Weekend day**

To provide a warm and friendly welcome to visitors within the gardens + estate at Tyntesfield. The role involves engaging with visitors, answering questions and leading tours.

**Event Organisers The Guide Dogs for the Blind association  
Time Flexible**

Guide Dogs are seeking event organisers who would be willing to organise and host their own get together events for guide dogs from fashion shows, swishing parties, dinner parties, open gardens or even dress down (or up!) days in aid of Guide Dogs. Your event can be large or small, anything goes!

It couldn't be easier or more fun, invite your friends and just have a good time whilst raising money for Guide Dogs. Your vital fundraising will help us to change the lives of the visually impaired in your community.

There is no limit to what you could do, from a one off event to several throughout the year. Whatever you're thinking of - go for it for Guide Dogs!

**Events Supporter British Heart Foundation - Nailsea  
Mon-Fri day Sat day**

Are you someone who enjoys being out there and fundraising??? Is spare time limited throughout the year, but you would like to support a charity??? - THIS MAY BE FOR YOU!!!

We need volunteer help in store to support us with promotions - to sell raffle tickets at Christmas, ribbons during our Heart Week, love notes on the lead up to Valentines day, and much more.

**Events Team Member Wellspring Counselling****Time Flexible**

Working within a team to provide support for fundraising activities;  
open opportunity to be involved with publicity, promotion, planning and organising events;  
a chance to be creative.

**First Aiders St John Ambulance****Time Flexible**

St John Ambulance attends 100's of public events from theatre to rugby, live music and much more each year. We need people who can attend as first aiders, then progress, with full training.

**Flexercise Leader Age Concern - Somerset****Mon-Fri day**

Promoting health & well-being through physical activity sessions called 'Flexercise' for older people. Fun sessions, build up relationships with older people in sheltered housing, day centres and other places older people meet.

**Fundraiser Nailsea Disability Initiative****Time Flexible**

Do you feel passionately about the rights of people with disabilities to access benefits and services? We help local people to achieve this but always need assistance in raising funds to enable us to do this. Our fundraisers need to have enthusiasm, drive, commitment and enjoy a challenge.

The role includes completing funding/grant applications, arranging and co-ordinating fund raising events and contacting businesses/organisations who might assist in supporting the Organisation-through funding or donation of items for raffles etc.

**Fundraising Officer Multiple Sclerosis Society (North Somerset Branch)****Time Flexible**

Our branch provides support and information to people affected by MS in the local area. We are looking for a fundraising officer to work with the branch committee and other volunteers to develop and help implement a branch fundraising plan to support the work of the MS Society at regional and national levels. The responsibilities are to:-

- \* work with others to develop and agree an annual fundraising plan with the branch committee and branch members, to ensure that the branch fulfils the fundraising section of the Core Branch Activities.
- \* operate a fundraising sub-committee where necessary, to plan and arrange support for fundraising events (liaison with the Chair and other committee members).

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- \* co-ordinate volunteer help in relation to fundraising activities (liaison with volunteer co-ordinator).
- \* ensure that fundraising materials are available to those people wishing to raise money for the MS Society.
- \* ensure that appropriate licences, permits, insurance cover etc. is in place for fundraising events.
- \* keep up to date with guidance and information on national fundraising initiatives, from the MS National Centre, and inform the committee, as appropriate.
- \* liaise with the MS Society's corporate fundraising team concerning applications to companies or trusts.
- \* maintain contact with the region and other branches with regard to regional fundraising projects.
- \* provide support and advice to the general public who wish to raise funds for the branch.
- \* work with the treasurer to ensure that all funds raised are counted and banked quickly and safely.

**Gift Aid Volunteers! British Heart Foundation - Nailsea**  
**Mon-Fri day Sat day**

If you have a liking for clerical work and enjoy talking to people, you may just be the person we are looking for!!

A volunteer to work on the shop floor to receive customer donations of stock to explain the benefits of gift aid to the charity and to sign up the donor to the scheme - a great initiative, an opportunity to increase the foundations profitability and more revenue for Heart Research.

**Groups Information Worker Voluntary Action North Somerset**  
**Mon-Thurs day**

The information worker will work as a member of a small team providing information and admin support to voluntary and community groups.  
The volunteer will be provided with training and support.

This vacancy is available to volunteers with physical disabilities and is based in an accessible building in Weston-super-Mare

**Health Walk Leaders North Somerset Council Community Involvement Office**  
**Time Flexible**

We are looking for people with a passion for the outdoors to assist in leading health walks an enjoyable and sociable means of exercising. The scheme is up and running in Clevedon, Nailsea, Portishead, Weston, Winscombe and Yatton areas and interested parties are invited to attend a leader's course to further develop walks across North Somerset. Individuals that some to walk will have done little exercise and some have minor medical conditions. This is a great opportunity to lead friendly community groups.

**Helpline volunteer First Steps to Freedom****Time Flexible**

Working from home manning the helpline for a national mental health charity. Volunteers listen to callers and offer empathy and encouragement through their problems. Four hours required from each volunteer per week. This is a varied and interesting position, full training given.

**Home Befriender Volunteer The Stroke Association****Time Flexible**

The Stroke Association strives for a world where there are fewer strokes and all those touched by stroke get the support they need. A Home Befriending Volunteer would provide support to clients in order that they can access activities they enjoy once discharged home from hospital in accordance with individual requirements, to help stimulate and motivate the client. The role is normally supported by a Family Carer Support Coordinator (FCSC).

The role entails:

- \* Spending time with clients in accordance with their individual needs and abilities. These tasks may include, supporting the client in order that they can access activities or groups the patient enjoys and providing support, promoting independence and/or involvement in the activities of daily living e.g. shopping, light housework etc
- \*Spend time on a one to one basis with patients talking, listening and sharing personal experiences and knowledge
- \*Provide support and understanding to stroke patients to reduce anxiety, improve morale and increase confidence
- \*Signposting to local services/support that otherwise may not be accessed
- \*To undertake any other activities as directed by the FCSC
- \*To present a positive image of The Stroke Association and its work at all times
- \*To undertake appropriate training as the role requires
- \*To undertake any other duties as required by the relevant staff member
- \*To treat others with respect in accordance with The Stroke Association's Equal Opportunities guidelines
- \*To observe The Stroke Association's Confidentiality Policy
- \*To have an empathy and understanding of stroke The Stroke Association's mission and objectives

**Home Visitor Vision North Somerset****Time Flexible**

The volunteer would regularly visit a visually impaired person in their home for a chat. Peoples requirements vary but other requirements may include helping to read mail, going for a walk, occasional trips out etc. Time Flexible.

**Hosts Host UK**  
**Fri eve All Weekend**

Host's volunteer hosts invite an international student to visit for a day or weekend or over Christmas, Easter or New Year. The student will be studying in the UK at University or College and will be over 18 years old. They stay as guests in the home for a short period.

The hosts and the students are 'matched' based on mutual interests by the local Regional Organiser who gives full support. Hosts can invite students occasionally; for instance just at Christmas, or frequently to suit their lifestyles. Hosts can ask to be matched with students from places that interest them or have a range of students from many lands. Hosts can opt to have a single visitor or friends travelling together or couples or families, to suit them.

There is no expectation that hosts will act as 'tour guides', but students often appreciate the chance to see something of the areas or go to local events such as village fetes.

We find that the matching system works very well and hosts and their guests have lots to talk about and many times, long-term friendships are formed.

We pay small expenses towards the visits.

**Public Speaker Royal National Institute of the Blind (RNIB)**  
**Time Flexible**

Be our ambassador! Make a difference in your local community by talking to a variety of audiences. By raising awareness of our services and products you are helping us rebuild the lives of blind and partially sighted people.

Did you know that our public speakers have reached over 8,000 people in the South West region who have gone on to donate or volunteer with us. Imagine how many people we could reach if you joined our team.

What will I be doing?

- \* Talking to different groups and media within the community to generate awareness of our work and our need for support
- \* Create interest amongst local groups and arrange talks
- \* Build up a profile of useful contacts
- \* Support and promote our campaigns

What will I gain from the role?

- \* Personal satisfaction from helping visually impaired adults and children
- \* Learn new skills
- \* Meet new people within the community
- \* Opportunity to work as part of a team
- \* Meet like minded people at team meetings

**Receptionist Wellspring Counselling**  
**Mon, Tue, Thurs eve**

Receptionist to greet callers, setting up counselling rooms, clearing counselling rooms.

## **Supermarket Sweep Royal National Institute of the Blind (RNIB)**

### **Time Flexible**

Come and make a difference in your local community helping us in various fundraising activities near you!

We have something for everyone, got a couple of hours spare every once in a while, or are you looking to get involved on a more regular basis? Then read on!

Did you know that £100,000 was raised from loose change last year from street and store collections? This year we are on target to reach £150,000, imagine how much more we could raise with your help. Every £410 we raise can pay for someone who has been told they are losing their sight attend a much needed confidence and skills building weekend, helping them to cope and giving them the skills to live life as independently as possible.

What will I be doing?

A variety of activities suited to you, for example (though not limited to);

Help collect money from donations made by the public at supermarkets near you

Coordinating the fundraising effort to gain maximum support for people with sight loss

What will I gain from this role?

The knowledge that you will be making a difference to the lives of blind and partially sighted adults and children in your local area.

The opportunity to meet new people and to be part of a successful, outgoing and fun team wanting to make a difference in their community

Learn new skills and engage your existing ones to help others

## **Support Assistant Scotch Horn Centre**

**Mon-Fri day Thurs eve**

Volunteers would be asked to support students in activities, ranging from gardening, to drama, swimming to literacy, woodwork to computers. We like volunteers to help in their area of interest, sharing their skills with us. We are particularly keen to recruit volunteers to support our Drama group on Thursday evenings.

## **Independent Custody Visitor Avon and Somerset Police Authority Custody Visiting Scheme**

**Time Flexible**

Avon and Somerset Police Authority are seeking willing, enthusiastic volunteers to join its Independent Custody Visiting Scheme.

Custody visiting is the well established system whereby volunteers attend police stations to check on the treatment of detainees and the conditions in which they are held. Visitors observe the custody environment and speak with detainees to determine that their rights and entitlements are being observed. Visits are undertaken by pairs of visitors who complete a report for each visit, highlighting any action to be taken by the custody team or for referral to the Police Authority.

Avon and Somerset's Custody Visiting Scheme is one of the largest in the country, covering 10 designated and 9 non-designated custody suites across the force area. The scheme runs 9 visiting panels that support over 90 volunteers to undertake their duties as Independent Custody Visitors.  
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Each visitor is supported locally by a Panel Coordinator and has regular contact with representatives from the Police Authority Office and Members of the Police Authority. Full induction and further training is provided and all visits are undertaken by pairs of Custody Visits.

This is an important and vital area of work as it offers protections to both detainees and the police and offers reassurance to the communities of Avon and Somerset. Custody Visitors perform an essential function and their commitment and good work is essential for the maintenance of the Scheme.

Your Custody Visiting Scheme needs YOU! Please contact us today to get involved.

### **Information Assistant The Guide Dogs for the Blind association**

#### **Time Flexible**

Are you passionate about the value of Guide Dogs and how it can transform lives? Well, now you can help enthusiastic volunteers to help get vital information to the Guide Dogs owners of the future.

Guide Dogs is committed to increasing the number of people who are referred to us and the number of new guide dogs partnerships. To achieve this, we have appointed a number of professional Information Officers. Their aim is to promote Guide Dogs services by building partnerships with key organisations, working with a range of media and creating links with the local community.

We are looking for enthusiastic volunteers, with good spoken communication skills, to work alongside the Information Officers. At the core of the role will be the distribution of leaflets and posters within the local community. This may involve visiting existing distribution points and identifying new ones. There may also be an opportunity to attend local events on behalf of Guide Dogs or work with the media help explain our services and dispel some of the myths

### **Local Representative Lattitude**

#### **Mon-Fri day Mon-Fri eve**

We provide opportunities for young people to make a real difference to the communities in which they volunteer and to develop confidence, independence, responsibility and a greater sense of global citizenship in the fields of education, health, community or the environment.

More than 260 volunteer members of staff provide a vital service in supporting and delivering our programme worldwide.

#### **Principal Tasks and Responsibilities:**

1. Provide support to Lattitude volunteers and host organisations during the placement
2. Provide support to the Programme Manager and Lattitude office
3. Manage the host relationships with or without a volunteer in post at a given time.

#### **Key Responsibilities (all Local Representatives)**

1. Provide support to Lattitude Global Volunteering volunteers during their placement, and the host organisation:

Act as the first Lattitude Global Volunteering point of contact for the host organisation

Check on Lattitude volunteers welfare and provide pastoral care during their placement

Visit Lattitude volunteers between 4-8 weeks after arrival and 2-4 weeks before departure from the placement.

Act as a link between the host organisation, Programme Manager and Programme Coordinator if there is an emergency

**'Making a difference - changing lives' Volunteers needed to be the face of the charity Licensed Trade Charity**  
**Mon-Fri day Mon-Fri eve**

To assist the Licensed Trade Support & Care (LTSC) department by providing a sympathetic ear and welfare support for the Young, Sick, Elderly and those in need of help and advice.

- \* To be the face of the charity, and visit those already receiving help as well as new applicants
- \* During visits, to undertake assessment of the person's circumstances e.g. their state of health
- \* To check what state benefits, if any are being received
- \* To see how the charity might help
- \* To provide a friendly, listening ear
- \* To compile a report following each visit

**Media Volunteer Cancer Research UK**  
**Mon-Fri day**

Why we need you.

To gain excellent press coverage for the activities of Cancer Research UK in your local region in order to publicise our events and encourage more people to support the charity.

What will I be doing?

- \* Working with local fundraising staff to develop relationships with all types of media in your community
- \* Writing and distributing press releases about upcoming Cancer Research UK fundraising events
- \* Thinking up ideas for PR stories and events
- \* Liaising with the media to maximise potential coverage
- \* Setting up and running photo shoots on an adhoc basis
- \* Making follow up phone calls to encourage press to pick up stories
- \* Working with Relay media volunteers and Area Volunteer Managers throughout the region, to identify features, case studies and press opportunities and act as a 'go between'

**Meeter & Greeter Nailsea Disability Initiative**  
**Tue Day**

To meet and greet clients calling in at our drop-in centre. To make them feel welcome, offer to make them a drink.

**Member of project team West of England Nightstop**  
**Time Flexible**

North Somerset Nightstop needs volunteer hosts to provide a safe place to stay for vulnerable young people, aged 16-25, with no-where to go. Volunteer hosts are people from all backgrounds with an occasional spare room who can offer a safe, non-judgemental space in their home for the night.

The project also needs volunteer drivers to take the young person to the host's home. There are various other volunteering roles including telephone support people which will be working from home, and volunteers to help with admin duties, fundraising and publicity.

**MENCAP Needs You!! Please North Somerset Mencap  
Time Flexible**

North Somerset Mencap needs more committee members to ensure the continuing work of the Society could be in jeopardy within the next couple of years and this is something we do NOT want to happen. North Somerset Mencap has been in existence for over 30 years and members have carried out sterling work during this time. The committee meet on average once a month to discuss financial matters, activities and what help is required. Most of our activities are for young people from 14-30 but at times we may stretch this a little. We are a friendly group of people and in joining North Somerset Mencap this will change your life for ever!

**Mentoring Support For Students Aged 8 To 16 Nailsea Education Other Than At School  
(E.O.T.A.S)  
Mon-Fri day**

Assisting professional staff by offering befriending, mentoring and other supporting services to students who have had difficulties maintaining a place in mainstream schools. This can be for a whole range of reasons - emotional, behavioural, medical condition, dyslexia etc. Pupils work in small groups of 3 to 4 with tutors and support staff. Some times work will be on a one to one basis. Work takes place at the centre, in an outside activity. Term time only. Students are at key stage 2 or 3 i.e. age group 8 - 13 years old.

**MS Support Volunteer Multiple Sclerosis Society (North Somerset Branch)  
Time Flexible**

MS Support Teams aim to empower people affected by MS through giving information about MS, emotional support and facilitating access to available services and support. The team is co-ordinated by the Lead Support Volunteer.

Working alongside the support lead and another support volunteer you would ensure that the branch provides quality support to local people affected by MS. The role of the support team includes:

- \* ensuring that effective communication about support work takes place with the branch committee, for instance by attending branch committee meetings liaising with the branch chair and making reports.
- \* ensuring that the MS support work undertaken meets the needs of the branch, in particular complying with the Branch Essentials.
- \* developing collaborative relationships with health and social care professionals (particularly MS specialists) and ensure that the work of the branch links with them
- \* having a basic knowledge of benefits and refer people on appropriately
- \* receiving and distribute MS Society information booklets as necessary
- \* maintaining an up-to-date list of relevant local services for people affected by MS, and distribute it to other members of the team and through the branch newsletter
- \* ensuring that grants are dealt with effectively
- \* communicating effectively with other members of the team, and link the work of the support team with the branch

**Passenger Assistant Nailsea And District Community Transport**  
**Mon-Fri day Sat day**

Working in a pleasant, caring environment with regular staff and other volunteers who are committed to provide help and assistance to the elderly and disabled members of the community. The volunteer would be engaged on local shopping trips, taking customers to medical centres, and on frequent pleasure trips and visits to places of interest.

**Pink elephant hunters Vision North Somerset**  
**Time Flexible**

Volunteers are needed to collect and change over our pink elephant collection boxes in various parts of North Somerset. This can be done at times to suit the volunteer and should only take a few hours every 3 months. It is an opportunity to meet new people and our established collectors very much enjoy their roles. It would be useful if volunteers are also able to find new venues for us.

**Regional event coordinator Multiple Sclerosis Society (North Somerset Branch)**  
**Time Flexible**

The region's role is to support and help to develop the work of MS Society branches through training, forums and advice, to promote the work of the MS Society through a regional website and hold information events for people affected by MS. In the Wessex and West region we run a range of events throughout the year, from activity days through to conferences. The event coordinator's role is to:

- \* Source venues for regional events ensuring that they are fully accessible and meet the requirements of the event
- \* Book venues in liaison with the regional committee once dates are confirmed for regional events
- \* Attend working groups for different events and carry out any actions from these meetings
- \* Send out letters and booking forms as appropriate and collate booking information
- \* Book speakers identified by the regional committee and ensure that their requirements are met, e.g. power point
- \* Ensure venue appropriately set up on the day of the event
- \* Coordinate activities during the event, delegating appropriate tasks to other members of the regional committee
- \* Prepare materials as appropriate prior to the event in liaison with the LSDO and regional committee, e.g. evaluation forms, handouts
- \* Produce an evaluation report after each event using information from the event evaluation forms and report back
- \* Send thank you letters to guest speakers

**Regional Network of Volunteers for Fundraising Events REACT**  
**Time Flexible**

React are seeking volunteers to act as a contact person for other volunteers recruited in the area. Part of the role will be promoting and raising awareness of the vital work that React strives to achieve with the children and families in the region. 'Giving depth to short lives' is our motto and we need your help to raise support and funds in the UK.  
Cont...

React Fundraisers - To hold a one-off or regular event to raise urgently needed funds for our children and families.

Regional Volunteer Coordinator - To promote React and recruit volunteers in your area and be a point of contact for volunteers.

School Volunteers - To Promote React at your local school and raise awareness. You need to be a good communicator, especially with young people.

Media Volunteers - Help ensure React gets the highest possible profile in local or national media.

Business Volunteers - Promote React in your workplace. Many companies support 'Employee Volunteering' through schemes such as matched fundraising or making React your 'Workplace Charity of the Year'.

Logo Support - Support us by adding our logo to your publicity, or sponsor us to promote your logo on our publicity.

**Safe and Secure Volunteer Technician Age Concern - Somerset**  
**Time Flexible**

If you have practical DIY skills and the sensitivity and understanding necessary for our clients, then we would like to hear from you. Our volunteers are offered ongoing training and support, volunteers also receive expenses. Some examples of tasks required are, fitting draught excluders, fixing loose banisters, fitting key safes, locks and door chains.

**Sales Floor Assistant British Heart Foundation - Nailsea**  
**Mon-Fri day Sat day**

Do you enjoy chatting to people? If you have a few hours to spare each week perhaps this might interest you!

Looking for volunteers to work on the shopfloor serving customers, putting stock onto the rails, keeping the shop tidy and the displays attractive - a great opportunity to meet new people!

**School Governors needed in Schools near You! School Governors One-Stop Shop North Somerset**  
**Time Flexible**

School Governance is an exciting and unique way to become involved in the local community. As a member of a governing team you'll meet interesting new people, develop your skills, widen your experiences and ultimately influence the education of thousands of children. No specific skills are required to volunteer you just need enthusiasm, life experience and a desire to make a difference. The governors role is to work in a team and act as 'close friends' to the head teacher whilst making important decisions and helping with the overall management of schools.

**School Governors needed in schools near you! School Governors One-Stop Shop North Somerset**  
**Time Flexible**

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**Secretary Multiple Sclerosis Society (North Somerset Branch)**  
**Time Flexible**

Our branch provides support and information to people affected by MS in the local area. We are looking for a secretary to ensure communication within the branch, and between the branch and other organisations and individuals. The responsibilities are to:

- \* deal with correspondence on behalf of the branch
- \* answer general enquiries and take appropriate action
- \* organise communication within the branch and committee
- \* make arrangements for committee meetings, including the preparation and distribution of agendas (liaise with Chair)
- \* take note of branch members' ideas as they arise and make sure they are brought forward to the next agenda
- \* ensure the availability of any necessary documents or background information for meetings
- \* take minutes at committee meetings and AGM and ensure members or other interested parties are informed of major decisions
- \* inform all members of date and arrangements for the AGM, and send AGM minutes to MS National Centre
- \* be aware of commitments at branch, regional and national level and ensure timely steps are taken to meet these
- \* keep records of membership and inform MS National Centre of changes
- \* ensure a smooth handover of office to successor

**Shoes, Handbags and Jewellery, what more could a girl ask for! British Heart Foundation - Nailsea**  
**Mon-Fri day Sat day**

Shoes, handbags and jewellery all waiting to be processed by people who love them - is that you????

Our volunteers will be trained to select, price and maintain displays of all accessories on the shop floor - for the right person, this could be a fabulous job - just think about all those handbags!!!!

### **'Sooty' Charity Box Home finder Royal National Institute of the Blind (RNIB)**

#### **Time Flexible**

Find a home for Sooty and make a difference in your local community, by giving our iconic Sooty collection box the best spot in the house.

Did you know that £700,000 was raised from loose change last year? This helped 1.6million talking books to be delivered to 40,000 blind and partially sighted people and over 2,000 new books to be transcribed to our library.

Using our database you will identify locations for Sooty collection boxes. You will visit new locations, talk to the shop owners, managers and landlords etc to negotiate the best spot in the house for Sooty.

You will need to accurately record details of new locations and feedback to the community fundraising manager (CFM)

You will also regularly review our database for potential new locations.

### **Static Box Collector The Stroke Association**

#### **Time Flexible**

We are looking for volunteers who can give a few hours of their time each month to place static collection boxes at locations within their communities and to visit the site regularly or whenever asked to collect full boxes. Boxes can be placed such as local shops, pubs, cafes, leisure centres and social clubs.

### **Steamer! British Heart Foundation - Nailsea**

#### **Mon-Fri day Sat day**

Do you like ironing? If you are like me the answer will be NO!

But have you ever used a steamer? - a machine that takes the odours out of clothing and presses the items at the same time. Using a steamer is not only therapeutic but so rewarding - to see a crumpled garment that you think has no life left in it and considered to be worthless, and then after it has been steamed how different the item looks and the potential price you can put on it is just amazing!

If you have a few hours a week to spare and would like to help us raise vital funds for heart research, please contact us.

### **Stock Processors British Heart Foundation - Nailsea**

#### **Mon-Fri day Sat day**

The BHF is very fortunate to receive donated stock from the general public and we are always looking for people to help us process this stock - to hang, tag and size the garments, so they can be taken to the shop floor and then sold.

This is a very labour intensive role and we therefore always need many volunteers to help us with this process - an opportunity to make new friends across the sort table!!!

### **Street and Store Collector Royal National Institute of the Blind (RNIB)**

#### **Time Flexible**

Make a difference in your local community by joining our successful team of dedicated fundraising volunteers. Be part of our team of volunteers collecting regularly at local supermarkets and shopping centre's throughout the year.

Did you know that £100,000 was raised from loose change last year from street and store collections? This year we are on target to reach £150,000, imagine how much more we could raise with your help. Every £410 we raise can pay for someone newly diagnosed as blind or partially sighted to attend a confidence boosting 'Finding your Feet' weekend

Due to insurance requirements, you must be aged 18 or over to do this role.

What will I be doing?

- \* Working with our fundraising volunteers you will collect money from local shoppers
- \* Record and bank income

What will I gain from the role?

- \* Secure in the knowledge that you will be making a difference to the lives of blind and partially sighted adults and children in your local area
- \* The opportunity to meet new people and to be part of a successful, outgoing and fun team wanting to make a difference in their community
- \* Learn new and utilise existing skills for the benefit of others

### **Super Market Collection Volunteers Penny Brohn Cancer Care**

#### **Time Flexible**

To increase donations to the Charity through organised collections at supermarkets throughout Bristol. Make new friends or work with friends and family to make a difference.

Main duties:-

- \* Stand in designated collection area (usually supermarket foyer), holding a collection bucket or tin.
- \* The purpose of this role is to gain donations from the public and be able to talk confidently about the work of the charity if questioned
- \* It is not usually appropriate to approach the public, so we would only speak to people who approach us or ask about our work
- \* This role may also require reporting to customer services at the beginning of the collection

### **Support Volunteers North Somerset Mencap**

#### **Time Flexible**

North Somerset Mencap (NSM) is a registered charity supporting children and adults with a learning disability and their families and carers within North Somerset. We employ one part time staff member and many volunteers supporting our playschemes and many other activities.

We need volunteers to help with:

- Weekly sports club
- Monthly discos
- Summer Club 2011

Come along and have some fun helping people with learning disabilities

**Toe Nail Cutting Volunteer Age Concern - Somerset****Time Flexible**

If you are interested in feet or have a caring or nursing background then we would like to hear from you as the Toe Nail Cutting Service is valuable to clients who are unable to cut or manage their own nails. Cut toe nails can reduce the risk of falls.

**Trustee/Treasurer Brigstowe Project****Wed eve**

Treasurer required to join our Board of Trustees to help us through an exciting period of growth.

The Brigstowe Project, a small HIV charity based in Bristol, requires an experienced financial manager to support our strategic planning and oversee our fiscal governance.

If you are confident and proactive when it comes to finance, and want to use your skills to improve the quality of life for people with HIV, get in touch. You don't need specific experience with HIV to apply, but a commitment to our strategic goals and organisational values is essential.

This will involve liaising with the Project Manager, Co-Trustees, Administrators and Bookkeeper, providing the Trustee Board with regular information, and attending monthly committee meetings and finance sub-group meetings.

**Vice-Chairman Nailsea Disability Initiative****Mon-Fri day**

To help the chairman in the running of Nailsea Disability Initiative. To help the elderly and disabled people of North Somerset which includes information and advice . Promote disability to schools and organisations and access information.

**Volunteer Holly Hedge Animal Sanctuary****Time Flexible**

Holly Hedge is dedicated to the care and welfare of unwanted and abandoned animals.

We are desperate for committed volunteers to help with fund-raising, gardening, painting and general help with our rescued animals. If you can help us make a difference for the better please contact us!

**Volunteer Advice Worker Nailsea Disability Initiative****Time Flexible**

Nailsea Disability Initiative provides advice, information and support to people with disabilities and we need volunteer advice workers to work in our drop-in centre and make occasional home visits.

Training will be provided as necessary and you would have the satisfaction of helping to obtain welfare benefits for disabled people as well as meeting other volunteers.

**Volunteer Car Owner/Drivers Nailsea Availables**  
**Mon-Fri day**

Assisting people who are elderly and/or infirm to attend clinics, hospitals etc. for treatment by providing transport in your own car. Each journey is arranged on an individual basis, thus enabling drivers to accept tasks that fit in with their other commitments. Patients pay petrol expenses to the driver.

**Volunteer Coordinator (Fundraising) Royal National Institute of the Blind (RNIB)**  
**Time Flexible**

Make a difference in your local community, by supporting and expanding our already successful team of dedicated fundraising volunteers.

Did you know that £700,000 was raised from loose change last year? This helped produce 14,000 titles for talking books, facilitate weekly telephone befriending social groups for blind and partially sighted people and fund our campaigns which recently enabled, 1,500 campaigners lobby parliament.

Working alongside your local community fundraising manager (CFM) you will be the first point of contact to support your local volunteering team.

You will design, develop and deliver an action plan for your area with your CFM including recruiting, inducting, training and motivating volunteers.

You will investigate new venues for Sooty and future opportunities for community fundraising.

Due to insurance requirements you must be aged 18 or over to do this role.

We would like you to volunteer for roughly 8 days each month. The days and times are flexible to suit you and can be weekdays, evenings or weekends

**Volunteer Driver Nailsea And District Community Transport**  
**Mon-Fri day Sat day**

Working in a pleasant, caring environment with regular staff and other volunteers, who are committed to providing help and assistance to the elderly and disabled members of the community. The volunteer would be engaged on local shopping trips, taking customers to medical centres, and on frequent pleasure trips and visits to places of interest.

**Volunteer Driver The Guide Dogs for the Blind association**  
**Time Flexible**

Driving is a crucial service provided by Guide Dogs volunteers across the country. We require drivers for a number of things: dogs and puppies often need to be transported short or long distances, for instance, from our Breeding Centre in Warwickshire to the homes of puppy walkers; also guide dog owners sometimes require a driver to take them to Guide Dog events. Similarly, we need people to transport our equipment to events and collect our stamp boxes and collection boxes.

**Volunteer Driver British Heart Foundation - Nailsea**

**Mon-Fri day Sat day**

If you are someone who likes to be out in the fresh air, and you have some time on your hands to do some voluntary work and you have a car, why not consider becoming a volunteer driver?

A few hours a week to collect a few bags of stock from people who have no transport to bring donations to the shop. Help with fuel costs if required.

**Volunteer Drivers The Stroke Association**

**Mon-Wed am**

Volunteer Drivers are needed to drive stroke sufferers with varying degrees of disability mainly to and from stroke groups and occasionally to other appointments, or to day centres or exercise groups.

Many clients are isolated and quite lonely and this will assist them in having some social contact and in getting back into the community.

**Volunteer to work with families and young children Home-Start North Somerset**

**Mon-Fri day Weekend day**

Visiting and supporting families/parents with children under 5 years of age, who are facing difficulties. Visiting in the families own home 2-3 hours per week in North Somerset area, includes anything from befriending to emotional and practical support.

**Volunteer Visitor - Nailsea Victim Support Avonvale**

**Time Flexible**

Visit or phone victims of crimes ranging from Burglary and Assault to Rape and Murder. Victim Support offers: Someone to talk to, Information on Police/ Court, Help with Compensation and insurance, Crime Prevention information, help with Housing / Benefit problems. Contact with other local organisations, full training is given and on going. Volunteers take referrals on the phone and contact victims directly. The hours are flexible to suit the volunteer and therefore will vary from week to week. Home visiting is only done for burglaries or non-violent crimes, more serious crimes would be telephone contact or at a neutral meeting place. This is an excellent opportunity for someone studying or looking for a career in the Criminal Justice System. Training sessions are run periodically throughout the year so volunteers may need to go on a waiting list for a short time but should that happen they are very welcome to join in volunteers meetings in the meantime to get a feel for the work.

**Volunteer Volunteer Recruiter British Heart Foundation - Nailsea**

**Mon-Fri day Sat day**

As a volunteer you will know what it is like to be a volunteer and what it means to you personally!!

There are many people out there who are apprehensive about volunteering, and YOU could be the voice of experience and encouragement to introduce the idea to customers on the shop floor. An opportunity to help others - what a good feeling that would be???

**Welcomer Friends of Stockway North Nature Reserve**  
**Wed pm**

Welcoming members of the public and talking about the reserve on Wednesdays 2pm-5pm (April to September only). We would ask you to be able to do one afternoon per month. We are a friendly small team who will give you any training or support needed.

**Wildlife Conservation In Nailsea Friends of Towerhouse Wood**  
**Mon-Fri day Weekend day**

Friends of Towerhouse Wood, Nailsea Wildlife Wardens, Nailsea Tree Wardens.

The first two organisations are concerned with the conservation of wildlife, while the last is mostly for the management of planted trees. We run a variety of projects at irregular times. For all, the work involves 'rural' outdoor activities, tree planting and tree management. The first two may also necessitate wildlife 'gardening' which could include for example, nest box management, observations and rubbish clearance.

**Window Dresser British Heart Foundation - Nailsea**  
**Mon-Fri day Sat day**

Do you have a flair for fashion and colour, and are of a creative nature??

If the answer is YES to the above, ever thought of becoming a window dresser?

We are looking for people who would enjoy creating attractive window and in shop displays, following the guidelines of our shop manager - an opportunity to have lots of fun!!